

Sacred Science Circle #6
January 2020

The Sacred Science Circle <a href="www.sacredsciencecircle.org">www.sacredsciencecircle.org</a> gathers a sacred circle of individuals and groups that honor the "fires" of transformation implicit in all scientific, scholarly, and artistic endeavors. Our mission is to further that profound route to knowing, wisdom and enrichment of being that the confluence of science and the Sacred can bring to us and to our modern world. In pursuing sacred science, the Sacred Science Circle and our partner institution, the Alef Trust, aspire to transform both ourselves and the world.

The Sacred Science Circle e-Archive includes research resources on Art-based Research, Confucian Hermeneutics, Inclusive Psychology, Intuitive Inquiry, Sacred Wisdoms & Transpersonal Psychology.

In service to the Sacred,
Rosemarie Anderson & Les Lancaster, Sacred Science Circle, Co-Directors

# **TABLE OF CONTENTS**

#### Articles

Intuitive Inquiry: Research to Nourish the Soul by Rosemarie Anderson

Studying Archetypal Transference in Jungian Psychoanalysis by Zsolt Thomas
 Deak PhD

#### **Upcoming 2019 Conferences and Research Events**

- 13th Annual Conference of the Society for Humanistic Psychology, March 19-22,
   2020; New Orleans, Louisiana
- The Science of Consciousness Conference, April 13-18, 2020; Tucson, Arizona
- AQUANIMA Training, May 27-31, 2020; Carpathian Mountains in Romania
- Sixth International Conference of the British Association for the Study of Spirituality, June 1 -3, 2020; York, UK
- 6th European Summer School in Process Thought, July 27-August 2; Katowice,
   Poland

## **ARTICLES**

#### by Rosemarie Anderson, PhD

I am pleased to announce that my guest-edited **special section on intuitive inquiry** has been published by Qualitative Psychology, the APA Division 5 journal devoted to qualitative research.

Together, the Introduction and research examples describe the method and its transformational values in sufficient detail for researchers new to intuitive inquiry to employ the method in their research without additional resources, making intuitive inquiry readily available to both transpersonal and mainstream researchers. With this publication, intuitive inquiry (and transformative research methods in general) enters a new era of development, bringing transformative research methods to researchers throughout the human sciences.

My Introduction, entitled Intuitive Inquiry: Inviting Transformation and Breakthrough Insights in Qualitative Research, is available at <a href="https://sofia.academia.edu/RosemarieAnderson">https://sofia.academia.edu/RosemarieAnderson</a>.

Three research examples of intuitive inquiries follow the Introduction:

- Hungarian researcher Zsolt Deak's study of "archetypal transference in Jungian Psychoanalysis" (<a href="http://dx.doi.org/10.1037/qup0000135">http://dx.doi.org/10.1037/qup0000135</a>)
- US researcher Stephanie Ludwig's study of "women's transformative experience while distance running in nature" (http://dx.doi.org/10.1037/qup0000137)
- US researcher Katherine Wade Unthank's study of "how self-blame empowers and disempowers survivors of interpersonal trauma," available at (<a href="http://dx.doi.org/10.1037/qup0000136">http://dx.doi.org/10.1037/qup0000136</a>)

In addition, UK researcher Deborah Kelly's study using "embodied memory theatre in an intuitive inquiry study of therapeutic space for the dying," was published last spring in the

special issue of The Humanistic Psychologist, celebrating the 50th Anniversary of Transpersonal Psychology. This article is available at https://psycnet.apa.org/doiLanding?doi=10.1037%2Fhum0000116.

Many colleagues and doctoral students have contributed to intuitive inquiry over the last 20-plus years. I am deeply grateful for their efforts and enthusiasm. If you have questions or general inquiries about intuitive inquiry, feel free to email me at <a href="mailto:rosemarieanderson@sofia.edu">rosemarieanderson@sofia.edu</a>

#### Bio

Rosemarie Anderson, PhD, is Professor Emerita of Psychology at Sofia University, an author, and an Episcopal priest. In 2017, Anderson received the Abraham Maslow Heritage Award from the American Psychological Association, Division 32, Society for Humanistic Psychology for founding the field of transpersonal research methods with her late colleague William Braud.

\*\*\*\*\*

# Studying Archetypal Transference in Jungian Psychoanalysis: Intuitive Inquiry Case Example

#### by Zsolt Thomas Deak

In a study investigating archetypal transference in Jungian psychoanalysis, 9 senior Jungian analysts living in California were interviewed using an in-depth, phenomenologically-informed interview protocol. All the interviewed analysts were certified Jungian analysts with 25-50 of experience conducting psychoanalysis.

Archetypal transference was defined as a collective unconscious, archetypal image, or situation that is projected onto the analyst or patient by the other. In addition to reviewing the traditional empirical and theoretical literature on archetypal transference, a review of the literature within worldwide spiritual communities was conducted to examine the possibility that the idealizing transference implicit in the analytic relationship of analyst-patient is rooted in the archetype of the spiritual master-disciple relationship. Thereafter, using the 5 cycles of intuitive inquiry, Deak collected and analyzed interview data, compared his initial and final "lenses" about the topic and formulated his findings into a theory of archetypal transference in Jungian psychoanalysis. The findings suggest that archetypal transference is inevitably present in the analytic relationship even if it is not evident or easy to distinguish from other types of transference and serves the psychological and spiritual growth of both the analyst and patient. One of the interviewed analysts described his experience like so: "I think [analytic

relationship] aligns with a practice of being a healer, having a healing relationship with patients. I was already doing that and I never did that based on theory. I did that on having a relational conversation with the patient. I think that's one reason why these people call themselves Jungians."

**Zsolt Thomas Deak**, Ph.D. is a licensed Jungian psychoanalyst and transpersonal psychologist in Budapest, Hungary where he has been practicing since 2007. Zsolt is a member of the International Association for Analytical Psychology (IAAP) and serves on the board of directors of the Hungarian C.G. Jung Association for Analytical Psychology. Zsolt lives with his wife and three children in Budapest.

\*\*\*\*

# **ACTIVITIES**

13th Annual Conference of the Society for Humanistic Psychology
As Within, so Without:
Humanistic Psychology, Revolutionary Stewardship, and Global Justice

### March 19-22, 2020 New Orleans, Louisiana

Since the vision of humanistic psychology collectively articulated at the Old Saybrook Conference in 1964, humanistic psychology has embraced the notion of becoming fully human. This paradigm has always offered a powerful and meaningful answer to reductionistic approaches to therapy and research. In honoring the ways in which each of us embrace our being in the world, moving from fragmentation into wholeness, and becoming more genuine and authentic, humanistic psychology has restored heart, body, and soul to therapy and to living.

Perhaps current injustices also invite us to embody a more inclusive and expansive vision. Self-development for its own sake is not sufficient. Imposing individualistic Westernized notions of humanness on the rest of the world and rationalizing away the psycho-spiritual and ecological harm incurred in doing so is no longer tolerable. While many languish in invisibility or suffer injustice, none of us can truly be free and whole. Building upon previous endeavors of the Society for Humanistic Psychology, this conference seeks to explore multiple facets of this invitation. What do we do when we realize how intricately interwoven are our lives with those of

everyone else, when health and well-being depend so critically on the planet on which we live? How do we honor our responsibility to care for the natural world when we are seemingly hell bent on destroying it (and each other)? The new, or perhaps true revolution of humanistic psychology lies in a notion of stewardship rather than dominion, of global justice rather than "mere" self-awareness.

Conference Website: <a href="https://shpconference.com">https://shpconference.com</a>

\*\*\*\*

The Science of Consciousness Conference
April 13-18, 2020
Loews Ventana Canyon Resort, Tucson, Arizona

The Science of Consciousness ('TSC') is an interdisciplinary conference emphasizing rigorous approaches to all aspects of the study of consciousness and its place in the universe. Topical areas include neuroscience, philosophy, psychology, cognitive science, biology, quantum physics, meditation, altered states, artificial intelligence/machine consciousness, the nature of reality, culture and experiential phenomenology.

Held annually since 1994, the TSC conference is hosted by the Center for Consciousness Studies at the University of Arizona, and alternates yearly between Tucson, Arizona and various international locations, most recently Interlaken, Switzerland in June 2019.

The TSC 2020 conference will be held April 13-18, 2020 at the Loews Ventana Canyon Resort, a beautiful eco-lodge in the hills above Tucson, Arizona.

Conference website: <a href="http://www.consciousness.arizona.edu">http://www.consciousness.arizona.edu</a>

\*\*\*\*

AQUANIMA Training in Romania with Bernadette Blin and Robert Hirsch

May 27 - 31, 2020

Outside of Bucharest, Romania in the foothills of the Carpathian Mountains

In 1991, Bernadette Blin and Francis Lery developed AQUANIMA, a version of Holotropic Breathing adapted to an aquatic environment with heated water. While Bernadette and Francis have passed the torch in 2017 to their students, who are now practicing AQUANIMA in France and internationally, Bernadette and co-facilitator Robert Hirsch, a transpersonal psychiatrist trained in the method, are offering a unique training opportunity to experience AQUANIMA for therapists trained in Holotropic or Transpersonal Breathing and those who would like to discover the power of this work for themselves This experiential seminar is also a tutorial for those who would like to develop this technique as an adjunct to their Holotropic or Transpersonal Breathwork.

The training session will be held from May 27 - 31, 2019 in English and co-facilitated by a transpersonal psychiatrist trained in this method. They will be assisted by Daciana Tarasi and Constantin Pascu who will host us in a venue that has been specifically designed for this experience near Bucharest in Romania.

Website link: <a href="http://www.bernadetteblin.fr/wordpress/nos-activites/seminaires-a-letranger/roumanie">http://www.bernadetteblin.fr/wordpress/nos-activites/seminaires-a-letranger/roumanie</a>

\*\*\*\*\*

Sixth International Conference of the British Association for the Study of Spirituality (BASS)

Monday 1 June - Wednesday 3 June 2020 York St John University, York, UK

6th European Summer School in Process Thought: Beauty in Art and Nature: Responsibility and Process Philosophy

> Sunday July 27 – Monday August 2, 2020 Franciscan Monastery in Katowice, Poland

The concepts of nature and beauty are used here in the inclusive sense and by way of creative contrast. Required is a multitude of approaches, disciplines, and integrative ways of thinking. We invite topics that contrast the concepts of nature and beauty as well as the natural and the cultural and reflections that that inspire actions to hold back the process of destruction. Bold visions expressed in a rational form allow us to experience the attractive power of beauty and truth and in the long run to change the world. The universe is in the making and it may

degenerate into trivial forms of order or it may be spared, as Whitehead put it, "by God's vision of truth, beauty and goodness" (Whitehead, Process and Reality, 346).

The first summer school was organized in Katowice-Panewniki at the Franciscan Monastery by the Polish, German, Bulgarian and Hungarian societies for process thought almost 10 years ago. The upcoming conference will be held there again. The Franciscan Monastery is a perfect place to ask serious questions about the responsibility of process philosophy in the time of "Great Change".

Conference website: espt.eu

\*\*\*\*

Contact us via the Sacred Science Circle website at <a href="www.sacredsciencecircle.org/contact/">www.sacredsciencecircle.org/contact/</a> to add your name and email to the newsletter email list.

Past newsletters are available on the website at <a href="https://www.sacredsciencecircle.org/newsletter/">www.sacredsciencecircle.org/newsletter/</a>.

Company Name 9, Rue Bleue 75009 PARIS contact@company.com

This email was sent to <a href="mailto:rosemarieselma@gmail.com">rosemarieselma@gmail.com</a>
You received this email because you are registered with Sacred Science Circle

Unsubscribe here
Sent by

© 2019 Sacred Science Circle